

INSTRUCTIONS TO VOTERS

1. To Vote: Completely fill in the oval ☐ to the right of your choice like this ☒. For each office vote for up to the number of candidates stated in the sentences: "Vote for not more than 1;" or "Vote for up to X;" "X will be elected." If you vote for more than the stated number of candidates, your vote for that office will not be counted.

2. To Vote by Write-in: To vote for a person whose name is not printed on the ballot, write the name of the person in the "write-in" space and completely fill in the oval ☐ to the right of the "write-in" space like this ☒.

OFFICIAL BALLOT FOR STRAFFORD DEMOCRATIC STATE PRIMARY ELECTION SEPTEMBER 8, 2026

SAMPLE

For Governor Vote for not more than 1	For State Senator Vote for not more than 1	For County Treasurer Vote for not more than 1
Cinde Warmington ☐	Cecil Abels ☐	Pamela J. Arnold ☐
WRITE-IN ☐	WRITE-IN ☐	WRITE-IN ☐
For United States Senator Vote for not more than 1	For State Representatives Strafford District 4 Vote for up to 3; Three will be elected	For Register of Deeds Vote for not more than 1
Chris Pappas ☐		Catherine A. Berube ☐
Maxwell L. Saal ☐	Scott Shepard ☐	WRITE-IN ☐
John Vail ☐	Kimberly S. McGlinchey ☐	For Register of Probate Vote for not more than 1
David Jarvis ☐	Ginna Schonwald ☐	
Karishma Manzur ☐	WRITE-IN ☐	
WRITE-IN ☐	WRITE-IN ☐	Jan Nedelka ☐
WRITE-IN ☐	WRITE-IN ☐	WRITE-IN ☐
For Representative in Congress Vote for not more than 1	WRITE-IN ☐	For County Commissioner Vote for not more than 1
Sarah Bella Spinosa ☐	For State Representative Strafford District 18 Vote for not more than 1	WRITE-IN ☐
Maura C. Sullivan ☐		
Christian Urrutia ☐	Thom Flynn ☐	
Carleigh Beriont ☐	WRITE-IN ☐	
Sarah E. Chadzynski ☐	For Sheriff Vote for not more than 1	
Bill Conlin ☐		
Matthew Emerson ☐	Kathryn L. Mone ☐	
Heath Howard ☐	WRITE-IN ☐	
Stefany Shaheen ☐	For County Attorney Vote for not more than 1	
WRITE-IN ☐		
For Executive Councilor Vote for not more than 1	Emily C. Garod ☐	
	WRITE-IN ☐	
Jim O'Connell ☐		
WRITE-IN ☐		