

Town of Deerfield
Age-Friendly Deerfield (AFD) Working Group

September 2, 2026

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Attendees: Jack Hutchinson, Jan Clark, Judy Daigle, Deb Boisvert, Andy Hotaling, Don Williams, Judith Bush, Leslie Van Berkum and Bernie Cameron.

Silver Yoga:

- Leslie and Deb Boisvert are a Silver Yoga subcommittee to oversee the program going forward.
- Val Brodie is ready to pick up from Stephanie immediately. We will be able to make a seamless transition.
- Val will work with Parks and Rec and satisfy Karen Clement that insurance and certifications are in place
- We have \$8000 for the next year pledged.
- Leslie, Gigi and Mariane Robert offer to back up Val if she can't make a class.
- Jack will write the official donation acknowledgment letters so any who can claim tax exemption are covered and everyone (otherwise anonymous) is thanked.
- When we have the funds together, we transfer to Parks and Rec so that they can pay instructors directly from their account. (Pete told me this is optimal).
- We agreed to offer \$40 / contact hour. That would be \$8000 / year if we allow for a few holidays / snow days, etc.
- We agreed to make Yoga free for participants - but quietly offer the opportunity to make donations - those could go straight to our Parks and Rec Yoga account. Val will offer a container to receive donations and pass receipts directly to Pete for deposit
- Somewhere in this we anticipate making a donation to Parks and Rec for their support. Perhaps that can come from the AFD balance (not Yoga specific donations) - or from donations from participants. Jack will work this with Craig
- The registration process is not smooth - that needs work. There were several forms of releases and acknowledgment initially - not sure where that is now. Val may have already started on this.
- Val will file time sheets and Erin process payment as she does for Jodi (Senior Fitness)
- We don't have much risk of oversubscription initially - that may need a process later.
- A party for Stephanie will be Sept 11th after the 10 o'clock yoga class. It was asked if we could give Stephanie \$1,000 to recognize the early months she worked without compensation and our gratitude for creating Silver Yoga. A vote was in the affirmative.

Candidate's Night : We decided to go forward with a Candidates' Forum focused on seniors' issues before the November 3 election. We need to determine a good day and time. We asked Errol to help with this.

The next meeting for our whole group is Sept. 23rd.



Don't forget to record your AFD volunteer hours here bit.ly/AFDhours

